



Aligned Living

DAILY PLANNER



Today's Core Intention

-WHAT FEELING, FOCUS OR VALUE WILL GUIDE YOU TODAY?-



*One Action In Alignment with
My True Self*

-WHAT MEANINGFUL, AUTHENTIC ACTION WILL I TAKE TODAY?-



*Give Gratitude for Who I Am
Becoming*

-WHAT DO I APPRECIATE ABOUT MY GROWTH , MY JOURNEY
AND MY EVOLVING SELF?-



Affirmation of the Day

I AM